

74	Jorge Rodrigues	M	18-24	Esquadrão Fit	01:19:34.50
14	Joana Alves	F	25-29	.	02:16:46.81
24	Inês Oliveira	F	25-29	Arrábida Obstacle Runners	02:31:33.78
193	Pedro Aleixo	M	25-29	Individual	01:11:40.00
181	Toni Bento	M	25-29	Individual	01:16:13.82
166	Jose Pereira	M	25-29	Wild Lynx Team	01:17:08.84
40	Tiago Luis	M	25-29	Crossfit AlphaDen	01:24:35.68
170	Dinaldo Rodrigues	M	25-29	Wild Sharks	01:28:05.52
89	João Branco	M	25-29	Individual	01:29:42.29
68	João Eufémio	M	25-29	Crossfit AlphaDen	01:34:33.92
98	Pedro Figueiredo	M	25-29	Limited Edition	01:39:19.87
127	Paulo Rodrigues	M	25-29	OCR Portugal Lab	01:47:03.62
137	Rebeca Libório	F	30-34	OCR Portugal Lab	02:16:21.70
87	Hélia Machado	F	30-34	HK 16	02:17:30.78
100	Mónica Henriques	F	30-34	Limited Edition	02:46:27.95
63	Gonçalo Lousa	M	30-34	Crossfit AlphaDen	01:06:17.78
125	Pedro Tiago Palma	M	30-34	OCR Portugal Lab	01:10:38.85
164	Filipe Casimiro	M	30-34	Unstoppables	01:14:38.84
112	Marco Francisco	M	30-34	OCR Portugal	01:16:33.76
153	Ruben Carlos	M	30-34	Spartans PdN	01:22:16.81
133	André Gomes	M	30-34	OCR Portugal Lab	01:23:22.87
199	Filipe Moreira Alves	M	30-34	Individual	01:24:16.67
8	Telmo Pinho	M	30-34	#aminhamãenãodeixa	01:25:08.82
47	Jorge Cassiones	M	30-34	Crossfit AlphaDen	01:25:23.59
85	Telmo matias	M	30-34	FALCK SCI PORTUGAL	01:25:44.86
126	Samuel Margarido	M	30-34	OCR Portugal Lab	01:28:07.86
48	Luís Soares	M	30-34	Crossfit AlphaDen	01:29:50.82
86	Ricardo gonçalves	M	30-34	FALCK SCI PORTUGAL	01:34:05.81
188	Carlos André Mota	M	30-34	Individual	01:40:04.84
103	Hugo Reis	M	30-34	Limited Edition	01:40:45.87
61	Diego Minas	M	30-34	Crossfit AlphaDen	01:43:36.37
25	Francisco Gusmão	M	30-34	Arrábida Obstacle Runners	01:44:35.59
148	Nuno Mendes	M	30-34	ROPE	01:45:53.84
157	Ricardo Vitorino	M	35-39	Tonsai-Bio	01:06:05.84
77	João Santos	M	35-39	Esquadrão Fit	01:11:19.83
192	RUI Costa	M	35-39	Individual	01:15:05.67
91	José Pedro Magalhães	M	35-39	Individual	01:16:37.85
160	Marcio Azougado	M	35-39	Tropa de Elite Setúbal	01:22:02.83
184	Nuno Geraldés Barba	M	35-39	Individual	01:25:11.81
147	Helder Rodrigues	M	35-39	Pollice Challenge	01:30:31.86
140	Filipe Machado	M	35-39	OCR Portugal Lab	01:32:52.28
204	Francisco Geraldés Barba	M	35-39	Individual	01:34:26.84
168	Bruno Faria	M	35-39	Wild Runners/Silves	01:34:58.56
56	David Silva	M	35-39	Crossfit AlphaDen	01:46:29.84
51	Bruno Pires	M	35-39	Crossfit AlphaDen	01:47:41.48

75	Maria Ramos	F	40-44	Esquadrão Fit	02:23:39.76
1	Bruno Sousa	M	40-44	Team Wild Challenge	01:07:25.81
22	Pedro pascoal	M	40-44	Arrabida obstacle runners	01:11:35.49
42	Mario Pinheiro	M	40-44	Crossfit AlphaDen	01:19:10.92
124	Sérgio Ramos	M	40-44	OCR Portugal Lab	01:21:24.77
32	Rui Cunha	M	40-44	Cross Runners	01:22:49.86
194	Miguel Fernandes	M	40-44	Individual	01:25:48.47
119	Alcino César	M	40-44	OCR Portugal	01:32:52.20
33	Fernando Alves	M	40-44	Cross Runners	01:32:52.57
6	Rui Silva	M	40-44	Team Wild Challenge	01:38:36.78
39	Ana Andrade	F	45-49	Crossfit AlphaDen	02:32:59.84
64	João Lemos	M	45-49	Crossfit AlphaDen	01:15:17.80
105	Joao Branco	M	45-49	OCR lab	01:17:35.84
120	João Perneco	M	45-49	OCR Portugal Lab	01:23:58.82
180	Carlos Milhano	M	50+	Individual	01:11:48.82
53	Manuel Weber	M	50+	Crossfit AlphaDen	02:16:47.87